

Family Caregiver Counseling Standard Operating Procedures

The service of Family Caregiver Counseling falls under the Information & Service Assistance category, is a mandatory service and is a highlighted below.



Family Caregiver Counseling

Purpose

To provide guidance and support for family caregivers for older individuals and for grandparents or persons who are relative caregivers of children to assist them in making decisions and solving problems related to their caregiving roles.

Functions

- Person Centered
- Interactive, personal dialogue
- Facilitated discussion to explore resources, service options, and support programs available within a community
- Active listening to assist in problem solving related to caregiving issues and concerns
- Provides current information on opportunities and services available within a community

Staffing

- A bachelor's degree in the human services field or
- An associate's degree in the human services field and two years of employment in information and referral positions, which may be substituted for a bachelor's degree.
- Three years of prior employment in information and referral positions.
- A family caregiver specialist shall possess and maintain a current Certification for Information and Referral (I&R) Specialists in Aging (CIRS-A) from the Alliance of Information and Referral Systems at the time of employment or contract

Consumer Eligibility

- Family caregivers of older individuals
- Family caregivers of individuals with disabilities who are aged 18 or older (ORC)

Definition

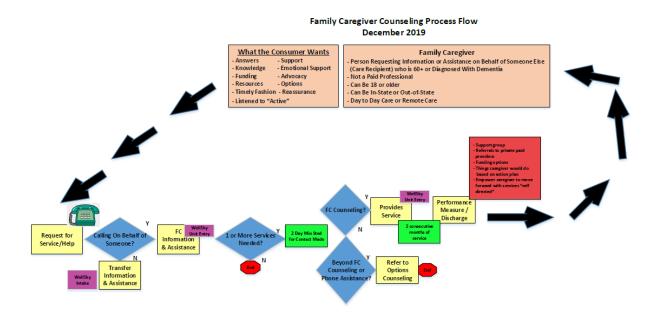
 Provision of counseling to caregivers to assist them in making decisions and solving problems relating to their caregiver roles.

Length of Time

As needed

Process Flow

Appendix L



Follow Up Requirements

 Periodic contact to maintain dialogue and to review progress on a regular basis.

Performance Measure(s)

 Percentage of Caregiver consumers indicating caregiver counseling, and/or respite and/or FC case management services allowed them to maintain their caregiver role [after two consecutive months of service].

WellSky Instructions

Complete the Family_Caregiver_Performance assessment in WellSky when indicated by program requirements.

Family Caregiver Performance Assessment Form

- 1. Click the **Assessments** link found in the Consumer Record.
- 2. Click Add New on the assessment toolbar.



- 3. Select the Family Caregiver Performance Assessment Form.
- 4. Select the appropriate **Care Program / Agency,** and/or **Provider** performing the assessment.
- 5. Enter the **Date of Assessment** to reflect when the assessment was performed (if it is different from today's date.
- 6. Click OK.



Family Caregiver Care Enrollments

FC Referral

1. Click Add New in the Care Enrollments section of the consumer record.



- 2. Select Family Caregiver as Level of Care and FC Referred as the Service Program
- 3. Set Status as FC Referred
- 4. Set Start Date as the date of the FC Referral
- 5. Click OK to save and close the Care Enrollment
- 6. Remember to Save Client Record

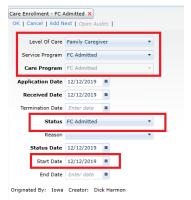


FC Admitted

1. Click Add New in the Care Enrollments section of the consumer record.



- Select Family Caregiver as Level of Care and FC Admitted as the Service Program
- 3. Set Status as FC Admitted
- 4. Set Start Date as the date of the FC Admission
- 5. Click OK to save and close the Care Enrollment
- 6. Remember to Save Client Record

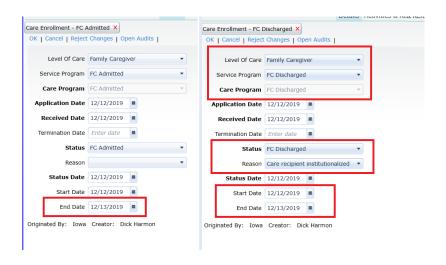


FC Discharged

1. Click Add New in the Care Enrollments section of the consumer record.



- 2. Select Family Caregiver as Level of Care and FC Discharged as the Service Program
- 3. Set Status as FC Discharged
- 4. Select Reason for the FC Discharge
- 5. Set End Date of the FC Admitted care enrollment to FC Discharged date
- 6. Set Start Date of FC Discharged as the date of the FC Admitted
- 7. Set End Date of the FC Discharged care enrollment to FC Discharged date
- 8. Click OK to save and close the Care Enrollment
- 9. Remember to Save Client Record



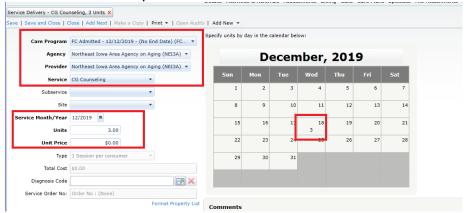
Service Deliveries

All Service deliveries shall be entered as CG Counseling under the FC Admitted Care Enrollment.

1. Select Service Deliveries then select Add New.



2. The Service Delivery screen is displayed. Enter complete date in Red Boxes The Calender feature may be used at AAA discretion.



CG Counseling Case Notes

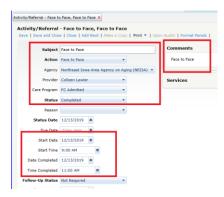
In Wellsky CG Counseling Case Notes are entered under Activities & Referrals. Journals can be used in addition to Activities & Referrals at the AAA discretion.

The Activities & Referrals is added through the consumer record.

1. In the Consumer Record toolbar, click Activities & Referrals then Add New.



2. Complete the areas in Red Box Below



Linking Family Caregiver / Care Recipients

When CG Counseling is provided, the Family Caregiver and Care Recipients should both have the required Family Caregiver enrollments and the Caregiver/Care Recipient linked.

